



Big Brothers Big Sisters of the Fraser Valley

2024

Annual Report



Our Mission

To enable life-changing mentoring relationships, to ignite the power and potential of young people.

Our Vision

That all young people realize their full potential.



Where to Find Us

Abbotsford (Head Office)

200 - 2445 West Railway St.
Abbotsford, BC V2S 2E3
t: 604.852.3331
e: fraservalleyadmin@bigbrothersbigsisters.ca


Chilliwack/Hope/Agassiz

1000C - 46361 Yale Road
The Neighbourhood Learning Centre (NLC)
Chilliwack Secondary School
Chilliwack, BC V2P 2P8

Mission/Maple Ridge/ Pitt Meadows

22554 Lougheed Hwy
Maple Ridge, BC V2X 2V1

www.mentoringworks.ca

 [bbbsfraservalley](https://www.instagram.com/bbbsfraservalley)

 Big Brothers Big Sisters of the Fraser Valley

Board of Director's Chair Report

I have been fortunate to be the Board Chair of Big Brothers and Big Sisters of the Fraser Valley (BBBSFV) for the last several years. During this time, the organization has endured the Covid-19 pandemic which saw an understandable reduction in matches due to the inability of Bigs and Littles to meet up physically. In the post Covid era, we have observed our numbers return to normal in 2023 and now surpass our pre-Covid numbers in 2024. This push to expand and help as many littles as possible has really been championed by our new Executive Director, Madeleine Buhlau. This vision has been wholly supported by BBBSFV's amazing staff and Board of Directors who have all rallied to support this lofty goal. Overall, this year has been a journey of growth, resilience, and commitment to our mission of empowering local youth through mentorship. There is always more work to do and we are excited, with your support, to continue to rise to that challenge and push ourselves to meet the rising demand for mentorship of our local youth.

Brian Vickers, Board Chair



"My mentor has taught me how to be strong and know my own worth and to be more independent"

Who We Are

BOARD OF DIRECTORS

Board Chair

Brian Vickers

Vice-Chair

Haley Duke

Treasurer

Artur Delorme

Secretary

Sheri Yakashiro

Directors

Dean Fuller

Daniel Sorensen

Peter Gemmell

Carrie McCulley

Brittany Hutchison

2024 Staff

Executive Director

Madeleine Buhlau

Program Manager

Cheryl Unger

Manager of Admin & Finance

Leanne Hilderman

Events & Communications

Coordinator

Devon Wood

Mentoring Coordinators

Cassie Silva, Candace Craigen,

Katarina Bell, Lia Budiman,

Phoebe Nickerson, Keanah

Hendrickson, Reagan Symonds,

Chrissy LaPointe, Rachel

Sanderson, Ashtyn Pires

Program Assistants

Barb Robinson, Karah Garden

Executive Director's Report

2024 was a busy yet triumphant year, made possible by the dedication and hard work of our passionate staff, along with the oversight of our Board of Directors. Despite starting the year without Executive Director leadership, they kept our programs running and increased the number of children served—an incredible accomplishment.

For those I haven't yet met, my name is Madeleine Buhlau, and I was delighted to join this marvelous team in April 2024. I owe immense gratitude to Leanne, our Manager of Administrator & Finance, and Cheryl, our Program Manager. Their grace, patience, and support have been invaluable as I navigated my first year—thank you both.

My connection to mentorship runs deep. As a former Big Sister and someone who has had a mentor for 47 years, I know firsthand the profound impact of guidance and support. What I've come to recognize at BBBSFV is that this sense of family is woven into our team. They uplift and support one another, embrace new ideas, and celebrate successes together. They live by what they teach, and I'm incredibly proud to work alongside them.

This year, we took time to reflect and strengthen our foundation. We

- Enhanced policies, procedures, and best practices
- Secured additional funding to eliminate our deficit
- Created new leadership positions and refined job descriptions
- Established three new Board sub-committees to expand outreach and support

Event Highlights

In June, we hosted our 35th annual Golf For Kids' Sake Tournament at Ledgeview Golf Course. We warmly welcomed new partners while bidding a bittersweet farewell to Assante, our Title Sponsor of 20 years. We are deeply grateful for their long-standing support.

October marked our 2nd Autumn Sip & Social event, a fantastic evening of mingling, culinary delights, vendor showcases, and live music. This event continues to grow, and we look forward to its return in 2025.

Looking Ahead to 2025

With a new strategic plan on the horizon, our goals include:

- Expanding our reach across Fraser Valley
- Recruiting more mentors to reduce wait times
- Engaging more Community Ambassadors to amplify our impact
- Igniting the potential in every youth we serve

None of this would be possible without our dedicated volunteers, ambassadors, and Board members. With your continued support, we look forward to an even greater year ahead.

Madeleine Buhlau, Executive Director

Madeleine.Buhlau@bigbrothersbigsisters.ca

WE BELIEVE IN THE VALUE OF MENTORING

This year alone Big Brothers Big Sisters throughout Canada impacted over **32,000** youth in hundreds of communities across Canada.

Big Brothers Big Sisters of Canada is a Federation comprised of 86 member agencies servicing hundreds of communities across the country.

Together we mobilize over **17,500** volunteers who in turn mentor **32,000+** children and young people.

(Source: BBBSC 2023 Measuring Reach Impact Report)



Be the spark that ignites their potential!

WE BELIEVE IN THE POWER OF THREE

THE POWER OF THREE

THE FAMILY & YOUTH



Youth facing adversity
AND
in need of a Developmental Relationship

THE ORGANIZATION



Professional agency staff trained to recruit
and match volunteers; train and support
mentors and mentees; and graduate youth

THE VOLUNTEER MENTOR



Volunteers who works together with
professional staff to create a Developmental
Relationship¹ with our youth

¹"Developmental Relationships Framework" © 2018 Search Institute, Minneapolis, MN. www.search-institute.org

HOW TO BECOME A MENTOR

1. APPLICATION

We want to get to know you! Share what excites you about becoming a mentor.

2. PAPERWORK

Complete your Vulnerable Sector Check and any additional startup paperwork required by your Mentoring Coordinator as part of the screening process.

3. ORIENTATION & TRAINING

Gain insight into our mission, learn best practices, and receive the tools you need for a successful mentoring journey. This pre-match training may also include specialized sessions based on your program's requirements.

4. INTERVIEWS & REFERENCE CHECKS

Meet with our Mentoring Coordinator for an in-person interview. We will also check your references and complete any additional screening required for your program.

5. MAKING A MATCH

Our Mentoring Coordinators will connect with you to arrange an initial match meeting and guide you through the process, providing ongoing support throughout your mentoring experience.

SMALL
ACT.
BIG
IMPACT.

Number of
youth served:
558

Number of
volunteers:
367

Number of
different
programs:
9

OUR VOLUNTEERS

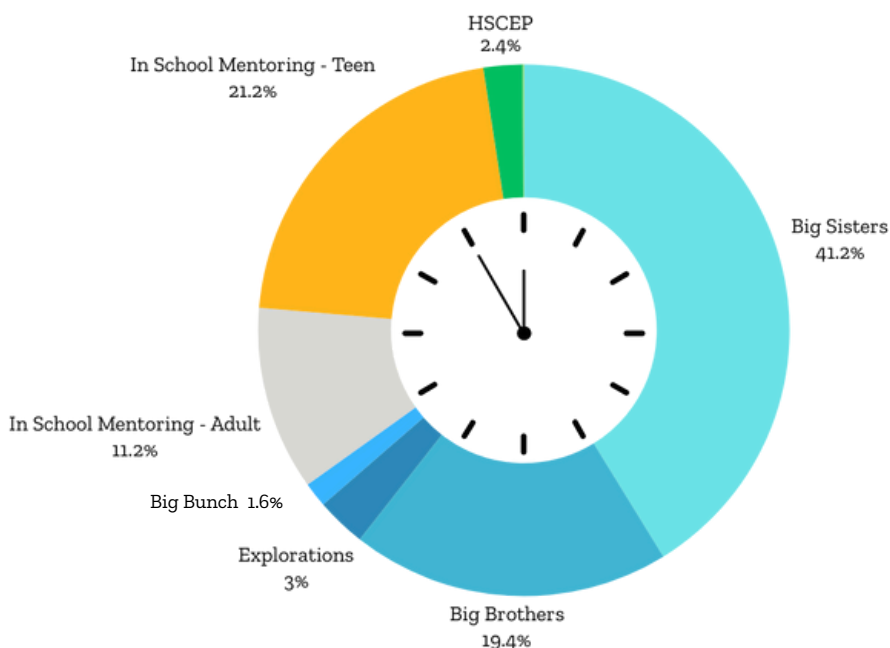
Volunteer Hours

Big Sisters: 6528
Big Brothers: 3072
Explorations: 480
Summer Camps: 240
In School Mentoring - Adult: 1776
In School Mentoring - Teen: 3360
HSCeP: 375
Big Bunch: 12

=====

TOTAL HOURS

15,843



Theory of Change

WHO DO WE SERVE?

Young people who face adversity AND are in need of an additional consistent and supportive **Developmental Relationship**¹

HOW DO WE IGNITE POTENTIAL?

- » By intentionally **recruiting** based on the needs of a community's young people
- » By **matching** young people with a **professionally screened** volunteer mentor
- » By **monitoring and supporting** that match with a professional caseworker
- » By **training and supporting** the mentor, the mentee and the family
- » By **building a Developmental Relationship** between the mentor and the mentee that: Expresses Care; Challenges Growth; Provides Support; Shares Power; and Expands Possibilities
- » By **graduating** the match relationship towards natural support

WHAT IS THE IMPACT?

Young people graduate our programs with **measurable outcomes**:

SOCIAL EMOTIONAL COMPETENCE

- » Relationship skills
- » Social awareness
- » Responsible decision-making
- » Self-management
- » Self-awareness

MENTAL HEALTH & WELLBEING

- » Positive identity
- » Mental wellness
- » Social inclusion & empowerment

EDUCATIONAL ENGAGEMENT & EMPLOYMENT READINESS

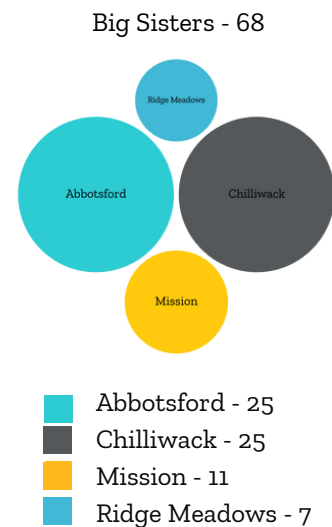
- » School connectedness
- » Commitment to learning
- » Enhanced constructive use of time

¹ "Developmental Relationships Framework" © 2018 Search Institute, Minneapolis, MN. www.search-institute.org

OUR PROGRAMS

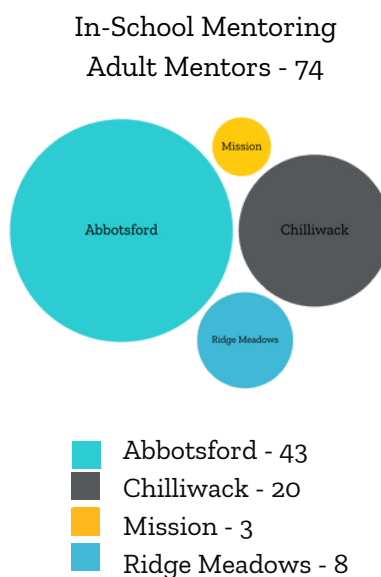
Community 1:1 Mentoring

2-4 hrs per week, 1 year min.
Mentorship within the community provides youth with a friend to talk to and share the experiences of growing up with. Through regular outings, a relationship is developed, that is built on trust and common interests and is supported by our experienced Mentoring Coordinators.

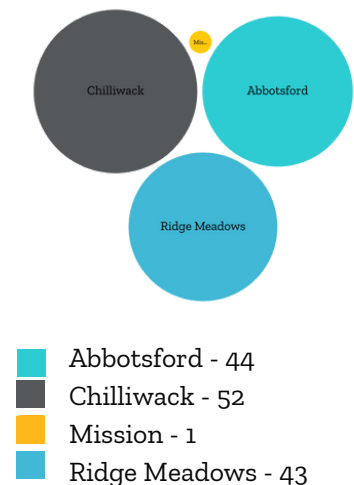


In-School 1:1 Mentor

1 hr per week, 1 year min.
For one hour a week, mentors meet with their mentee and engage in a variety of fun activities such as sports, board games, crafts, or just hang out on the playground. Mentoring sessions take place during school hours on school grounds.



In-School Mentoring Adult Teens - 143



"It's so nice to have someone to talk to and helps me when I am having a bad day or when I am having a great day."

"I was thinking of you and thought you should know that I wouldn't have been able to be who I am today or do the things I am doing if it wasn't for you and your friendship. Thank you for everything you did for me!"
Little Sister to Big Sister

"My favorite thing about my mentor is she is funny and she is understanding. She helps me to be a better person. I like myself so much better when I am with her."

OUR PROGRAMS

HSCeP



Chilliwack
School District



Big Brothers
Big Sisters
OF THE FRASER VALLEY

University of the Fraser Valley mentors meet 1:1 with the high school students interested in developing human services skills for 8 Saturday workshops, September - April.

"I feel like I look at situations through a new lens. I also understand my feelings and other people's feelings more than I did before joining HSCeP."

"I think HSCeP can impact anyone and make them a better person."



Summer Camps



United Way
British Columbia

Medicine Wheel Summer Day Camp

United Way BC's generous support helped us create unforgettable memories, and the ability to provide a safe space for our kids to learn, play and grow. From Bannock and drumming, to Powwow dancing and lacrosse!

"The leaders make me feel included and like I belong at camp."

"I learned to be kind to my family, be nice, and be a good friend."

"One of the camp leaders could speak one of my languages which was exciting!"



Explorations



Explorations offers activities and experiences in a small group setting with screened and trained adult mentors. The program runs once a week for 2 hours after school for 7-8 consecutive weeks on school grounds, where youth are able to enjoy a wide variety of activities, crafts and games together.

"Everyone should be treated fairly no matter their differences."

"It feels good to be with a group."



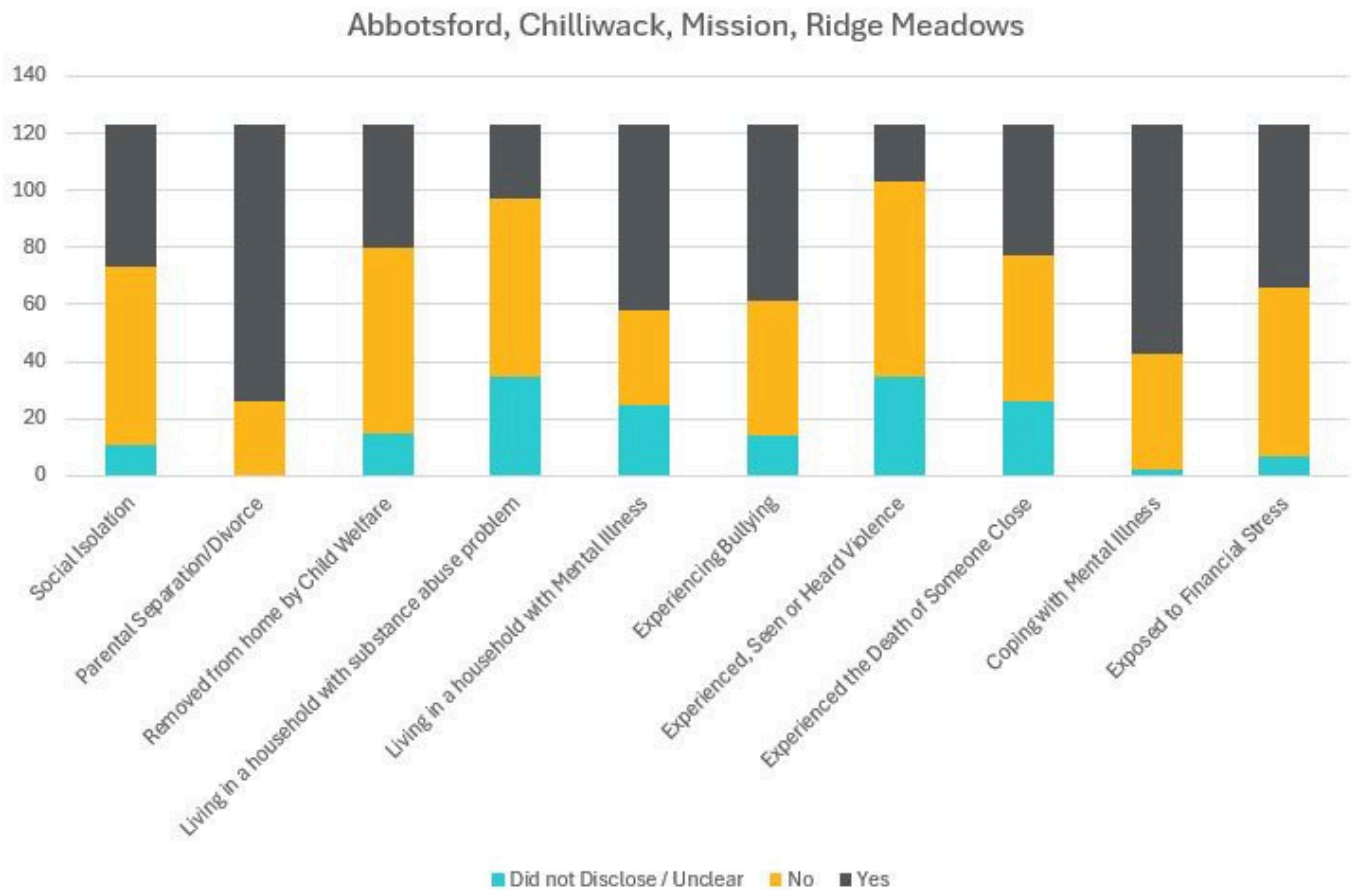
ACES and Mental Health Challenges

Data gathered shows the **prevalence of Adverse Childhood Experiences (ACEs) in 6 - 14 year old clients**. It shows some of the mental health challenges these young people face.

Research makes a clear link between enduring ACEs in childhood and later mental health challenges. We know that one of the most impactful ways to lessen the harmful influence of ACEs on a child or youth's mental health is by building resilience. A caring relationship with a trusted adult is one key way of making young people more resilient and able to cope with mental health challenges.

Examples of Adverse Childhood Experiences (ACEs)

Social Isolation | Sexual, Physical, Emotional Abuse or Neglect | Parental Separation or Divorce
Domestic Violence | Incarcerated Relative or Household Member | Poverty
Household Mental Illness | Substance Abuse | Removed from home by Child Welfare
Experiencing Bullying | Death of Someone Close



WE NEED YOUR HELP

Financially:

Help us ignite the potential within our youth. Support our expansion of Community and In-School Mentoring programs by donating today.

If you are a corporation, small business, or resident of the Fraser Valley, your donation to our general fund will play a crucial role in expanding our reach and impact across the region. Your support allows us to serve more youth in communities such as Abbotsford, Maple Ridge, Mission, Chilliwack, Agassiz, Harrison, and Hope, ensuring we can make a meaningful difference where it's needed most.

Through Mentoring:

You have the opportunity to become a mentor with Big Brothers Big Sisters of the Fraser Valley. A single person can make a meaningful and lasting difference in the life of a child facing challenges.

"The best part of having a mentor is I can have something to do once a week, with someone I can feel safe with."



SUPPORT MADE EASY

We strive to make supporting our agency simple and aligned with your philanthropic goals. You can get involved through monthly giving, events, programs, sponsorships, corporate donations, or third-party fundraising.

MONTHLY GIVING

Why Make It Monthly?

Because ...



MENTAL HEALTH IS NOT A PRIVILEGE. IT'S A RIGHT.

Big Brothers Big Sisters of the Fraser Valley is expanding its programming to help improve the State of Mental Health amongst the children and youth in our region.

Effortless Giving

Monthly donations are simple and convenient—just set it and forget it. No more remembering checks or payments, and it's easy to fit into your budget.

Bigger Impact Over Time

Small monthly gifts add up, providing BBBSFV with reliable funding to plan long-term and increase impact.

Budget-Friendly Support

Monthly giving makes donating more affordable. Starting at just \$10, \$20, or \$30, it's a manageable way to contribute meaningfully.

Stronger Connections

Monthly donors play a key role in our mission. Your ongoing support helps us build lasting relationships and show personalized appreciation.

Visible Results

Regular giving helps us plan confidently and achieve real results. Our donor newsletter highlights the impact your support makes.

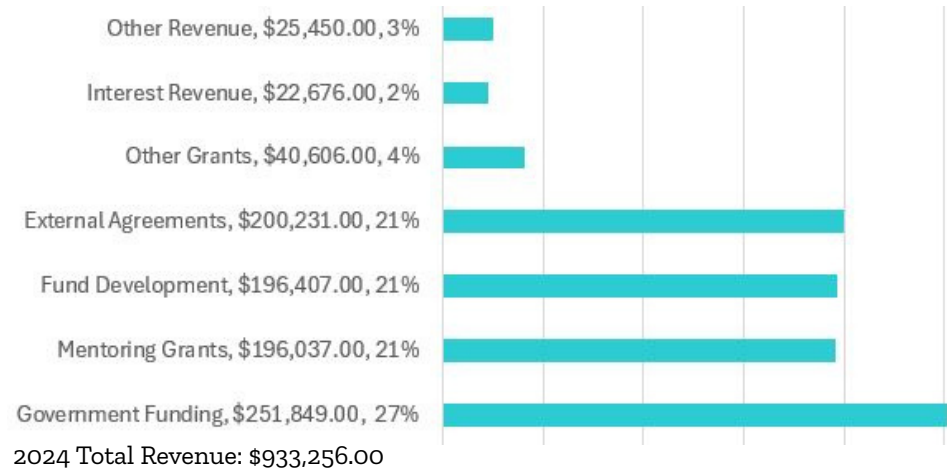
Multiply Your Gift

Many employers match donations—even monthly ones. Check if your workplace offers a matching program to double your impact.

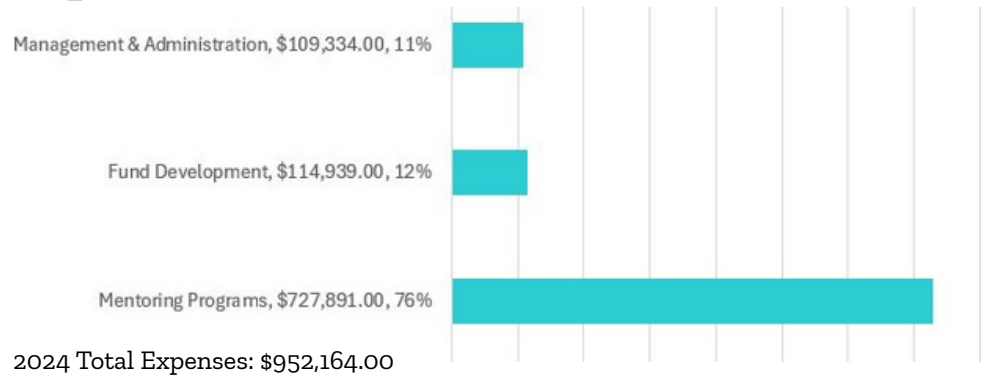
Your generous support facilitates the pairing of our matches, addressing the need for mentorship in our community. Each new match incurs around \$3100 in expenses, covering recruitment, screening, training, and organized events for matches. Without our supporters, we wouldn't be able to establish these vital connections that empower our youth to recognize their self-worth. Big Brothers Big Sisters returns positive results in the mental health, employment, and civic engagement of the recipients of our mentoring programs. Changing the course of young lives changes the future of communities.

OUR 2024 FINANCIALS

Revenue



Expenses



Resuming for the second year is mentor Emily and mentee Alexis! They're excited to catch up and plan a variety of really fun activities this year! Emily was a mentee for 8 years and is really loving being a mentor herself!

Did You Know?

You can see our
Charity Status with the
Canada Revenue Agency
at any time:



LOCAL SUPPORT NEEDED

While Big Brothers Big Sisters (BBBS) is a nationally recognized name, many are surprised to learn that each local agency, including ours, operates independently and relies heavily on community-based funding. Our national office provides valuable training and upholds our high standards, but it is the generosity of local donors and funders that makes it possible for us to deliver life-changing mentorship programs right here in the Fraser Valley. Without this support, our ability to serve vulnerable youth is at risk.

Honouring Tradition, Leading Change

BBBS is proud of its legacy—and equally proud to be at the forefront of change. Today, we lead with trauma-informed, evidence-based mentoring that is inclusive, flexible, and responsive to the unique challenges youth face. Our programs go beyond traditional models, helping to create a brighter, more equitable future. While our name reflects our roots, our mission reflects the present, and your support ensures we can continue innovating for the future.

Community Supporter of the Year - 2024

Every year our Board of Directors acknowledges and awards a
Distinguished Corporate or Community Sponsor
who has contributed to Big Brothers Big Sisters of the Fraser Valley
through ongoing contributions and encouragement of volunteerism.
For 2024, we are excited to present this award to Canucks For Kids Fund.



We're honoured to present our 2024 Community Sponsor Award to Canucks for Kids Fund. Since 2023, they've contributed an incredible \$97,217—including \$62,217 in 2024 alone. Their generosity has made a direct impact on our programs, especially our after-school *Explorations* program. Thank you,
Canucks for Kids Fund,
for investing in young people in our community.

Volunteers of the Year - 2024

The Volunteer of the Year Award honours exceptional individuals who exemplify the spirit of igniting potential and inspire others to make a difference!

Thank you to the 2024 winners for helping to support youth in our communities!

Please see our individual thank you letters in the following pages.



Abbotsford
Mentor of the Year
In-School
Mentoring
Kirandeep Dubb



Chilliwack
Mentor of the Year
Community-Based
Mentoring
Rida Khan



Ridge Meadows
Mentor of the Year
In-School
Mentoring
Andrei Peterson



Chilliwack
Mentor of the Year
HSCeP
Mentoring
Sean Morden



Mission
Mentor of the Year
Community-Based
Mentoring
Josilyn Hughes



Mission
Mentor of the Year
Community-Based
Mentoring
Tyson Fitzpatrick



Our Donors

\$200,000 +

Province of BC - Community Gaming Grant

\$100,000 +

Savers/Value Village Chilliwack and Mission

\$50,000 +

Anonymous Donor

Canucks for Kids Fund

RBC Future Launch

Norehyn Foundation

\$10,000 +

United Way of British Columbia

Government of Canada - Canada Summer Jobs

TD Bank Group

Knight Road Legacy Association

Boston Pizza Foundation

CUPE Local 774

\$5,000 +

Abbotsford Bingo

Canadian Red Cross

Abbotsford School District

Mr & Mrs. J. Lee

Fraser Valley Indo Canadian Business Association

M. & G. Munday

\$1,000 +

E. & K. Start

COBS Bread Abbotsford

Enbridge

Abbotsford Community Foundation

Todd Kessler

Scotiabank

Starbucks Foundation Charitable Fund

Rick G. Gendemann Inc.

Fraser Valley Fire Protection Ltd.

Daniel Sorensen

Mr. R. Bray

Our Sponsors

\$10,000 +

CI Assante Wealth Management

\$5000 +

Zacharias Vickers McCann LLP

Clearbrook Iron Works

Ratzlaff & Co.

\$1000 +

RDM Lawyers LLP

J.M.V. Woodworks

Manning Elliott LLP

The Honda Way

Saxon Mechanical

Richard Meyer Electrical Services

Sorensen Smith LLP

Polar Electric

Abbotsford Chrysler

Canadian Benefits Investment & Insurance Group

Sevenoaks Shopping Centre | Morguard

Envision Financial

PepsiCo.

Sapphire Sound

\$500 +

Ritchie-Smith Feeds Inc.

Vedder Mountain Mechanical

Dale Ratzlaff Developments

Rajin Gill

Station One Architects

Bloom and Build Design

Bourquin Printers

Thank
You!

We gratefully acknowledge the
financial support of the
Province of British Columbia



It is an absolute honor to recognize an incredible mentor,

Kirandeep Dubb, for the Volunteer of the Year award. Over the past four years, she has been an unwavering source of support, kindness, and wisdom for the young people in our programs.

From day one, Kirandeep has shown what it truly means to be a mentor—not just by being present, but by genuinely caring, listening, and guiding with patience and understanding. Her kindness and compassion have left a lasting impact, not only on the mentee she has worked with but on our entire team.

What makes her stand out even more is her dedication beyond her mentorship role. She has stepped up to help in other programs, always willing to lend a hand wherever needed. Whether it's offering encouragement, sharing her knowledge, or simply being a consistent and positive role model, Kirandeep embodies the very spirit of mentorship.

Her ability to make every mentee feel valued and heard is something truly special. She has helped shape their confidence, their dreams, and their belief in themselves—gifts that will stay with them for a lifetime.

For all these reasons and so many more, we are incredibly proud to nominate Kirandeep for Volunteer of the Year. She is not just a mentor; she is an inspiration. Thank you, Kirandeep, for everything you do!

Keanah, Abbotsford Mentoring Coordinator

"I can tell my mentor anything and she always makes me feel safe."

"I have lots of fun when I'm with my mentor."

"Thank you for playing with slime with me, and always having fun with me."



Abbotsford
Mentor of the
Year
In-School
Mentoring
**Kirandeep
Dubb**





Chilliwack
Mentor of the
Year
Community
Based Mentoring
Rida Khan



It is my absolute honor to celebrate an extraordinary young woman who has gone above and beyond in her role as a mentor, leader, and an inspiring force in our community. Today, we recognize **Rida Khan** as Chilliwack's Mentor of the Year.

Rida began her journey with our mentoring programs over four years ago as an In-School Teen Mentor. Right when I met her, I could tell she demonstrated a deep commitment and passion for helping others, which made her the perfect candidate for a BBBS mentor. While in high school, Rida not only maintained straight A's but also served as president of her school's Kiwanis Key Club and founded the Sher Project—a Youth Initiative providing hygiene bags to those experiencing homelessness in Chilliwack. Through monitoring her match, there was never a question about her consistency. The way Rida managed these responsibilities while remaining dedicated to her mentee, Colten, is a true testament to her character.

Rida graduated high school and was awarded the prestigious Beedie Luminary Scholarship, which recognizes students who excel academically, demonstrate leadership, and contribute to their communities.

The scholarship specifically honors those who have overcome significant personal adversities. It is no wonder why Rida is a BBBS mentor- she is deeply passionate about empowering young people to overcome their struggles and realize their full potential, just as she has done herself.

Rida's dedication didn't stop after high school. She transitioned to university to pursue the nursing program, with the goal of attending med school or becoming a nurse practitioner. As her university schedule became more demanding, Rida recognized the limitations of the In-School Mentoring Program, which operates during school hours, conflicting with her heavy class load. Instead of stepping back as a mentor, she and Colten transitioned to our Community-Based Mentoring program, offering them more flexibility, in scheduling and activities. Since then, they've enjoyed trying new things together—biking, skating, climbing walls, bowling, baking—clearly making the most of their time together.

Despite the demands of a full-time academic schedule, Rida has remained dedicated to Colten. When asked what motivates her to continue mentoring, she shared, "Honestly, it's just the friendship we've built. We have so much fun together, and I just want to be someone he can be himself with. Every time I see him leave with a smile, it makes me smile too. I want to be there for him, encourage him, and remind him not to give up." This heartfelt connection truly captures the essence of mentorship.

What sets Rida apart is her ability to prioritize what matters most, even when life gets busy and challenging. Her dedication to Colten is a perfect example of this commitment. In my time as a coordinator for BBBS, I've supported many mentors, each with their own set of demands. But Rida, you have a unique ability to stay true to your commitments and never give up.

Rida, your dedication to helping others grow, your leadership, and the positive impact you've made on Colten's life and our community are truly inspiring. It is with immense pride that I present to you the Mentor of the Year Award for Chilliwack.

Congratulations Rida!
Candace, Chilliwack Mentoring Coordinator





Ridge
Meadows
Mentor of the
Year
In-School
Mentoring
**Andrei
Peterson**



We are honored to recognize **Andrei Peterson** as the 2024 In-School Mentoring Ridge Meadows Volunteer. This marks his third year of dedicated service, and his impact has been truly remarkable.



Andrei first joined us in January 2022 and spent his first two years mentoring Greyson Murray, who has since moved to Nanaimo. This year, he was matched with Kaishyn Meedin, continuing his commitment to supporting and inspiring young minds.

Despite the limited activity options available in school settings, Andrei is one of the most creative and engaging mentors. With Greyson, he played soccer, Exploding Kittens, checkers, golf with a ramp, board games, and even had jam sessions with the guitar and drums.

Greyson shared:

"I got lucky to meet someone who loves the same things I do."

"Just talking to him makes me feel better. After Andrei leaves, the rest of my day is good because of him."

"He showed me that shyness is okay."

"I always have a great time with him. Our friendship keeps growing, even when I don't see him."


Now, with Kaishyn, Andrei has continued to bring energy, kindness, and creativity to their time together.

They've enjoyed ping pong, making slime, and even setting up a Hot Wheels track in the fire stairs! Kaishyn describes Andrei as "very nice, kind, and easy to talk to."

Beyond his work as a mentor, Andrei is currently building his career as a counsellor, a path that perfectly aligns with his ability to support, uplift, and inspire others.

We deeply appreciate Andrei's unwavering commitment, creativity, and kindness in shaping the lives of young mentees. Thank you, Andrei, for making such a meaningful difference!

Lia Budiman, Mentoring Coordinator



It's my privilege to present the HSCeP Volunteer of the Year Award to **Sean Morden**.

Sean is a mentor in the Human Services Career Enrichment Program (HSCeP) at Chilliwack Secondary School. This unique program uses a multi-level mentoring model to empower high school students and strengthen their natural helping abilities.

Sean first became a mentor in HSCeP ten years ago, when the program began. In 2023, he returned because he wanted to give back to a program that he truly believes in. Human services and a spirit of generosity have always been a prominent part of Sean's life in some way, and his passion for empowering young people is why he decided to volunteer again.

I am not exaggerating when I say that Sean is an exemplary mentor who embodies the mission and vision of this program. His care for others is clear to all who meet him. He has an undeniable warm and genuine energy about him. He does not shy away from striking up a conversation with others where he engages in non-judgmental curiosity about who they are, what they do, as well as about their dreams and aspirations.

One student provided the following feedback: "My mentor is Sean, and he is super easy to talk to. I have had a few deep conversations with him about school or issues I have had. He always listens and provides positive thoughts back."

He's currently wrapping up his third year as an HSCeP mentor and even encouraged his sister to join as a mentor this year, reflecting his dedication and service-oriented mindset. It is abundantly clear that he cares about raising up the youth in our community by providing quality mentorship and meaningful connection.

Thank you, Sean, for being an exceptional mentor, we are deeply grateful for your service. I hope that you take away fond memories of this program moving forward, knowing that you've made a lasting positive impact on the youth in our community.

Katarina Bell, Mentoring Coordinator



Abbotsford's
Mentor of the
Year - HSCeP
Mentoring

**Sean
Morden**





Mission
Mentor of the
Year
Community-
Based
Mentoring
**Josilyn
Hughes**



The 2024 Community-Based Mission Volunteer we are honoured to recognize is **Josilyn Hughes**.

Josilyn has been matched with Autumn since February 24, 2023, and their journey together has been nothing short of a roller-coaster ride. Through all of life's ups and downs, Josilyn has been a steady, unwavering presence, supporting Autumn through mental health challenges, life struggles, and countless other obstacles.

Now, as Autumn prepares to graduate Grade 12 in just a few months, she is making better life choices—a transformation that Josilyn has played a key role in inspiring.

Their favourite activity together is driving while listening to music and talking—a time when Autumn feels truly heard. But their experiences go far beyond that. They have shared cooking, going out for food, swimming, and even braving an icy winter lake jump!


More than a mentor, Josilyn is Autumn's safe person—someone she can confide in without hesitation. Whether it's offering a shoulder to cry on, helping with paperwork, or guiding her through difficult times, Josilyn has been a true friend.

Stephanie, Autumn's mom, has shared how deeply grateful their family is for Josilyn's presence, especially during the toughest moments. She truly believes that Autumn wouldn't be where she is today without Josilyn's support.

In addition to her volunteer work, Josilyn is planning to pursue her Master's in Clinical Psychology, demonstrating her continued passion for supporting others on a professional level.

Josilyn's dedication, kindness, and unwavering support have made an undeniable impact on Autumn's life. Thank you, Josilyn, for making such a meaningful difference!

Lia Budiman, Mentoring Coordinator



Our Mission Community-Based Mission volunteer we'd like to recognize is **Tyson Fitzpatrick**. Tyson has been matched with Callum Nelson since January 18, 2019—an incredible six years of mentorship!

Throughout their time together, Tyson has been a fantastic role model for Callum. They share a love for sports and outdoor activities, enjoying pickleball, board games, basketball, dog walks, bowling, fishing, tennis, and playing cards. Tyson even taught Callum how to golf and helped him build a gingerbread house! One of their favorite traditions is stopping for Tim Hortons soup—a simple but special moment they always look forward to.

Beyond their shared activities, Tyson has given Callum something truly meaningful—one-on-one time in a busy family of four kids. This dedicated time has helped Callum build confidence, explore new interests, and develop a strong, positive relationship with someone he looks up to. Their bond is built on mutual respect, shared interests, and easy conversation.

Callum describes Tyson as extremely kind and always willing to help others.

Beyond mentoring, Tyson is also a dedicated member of Port Moody Fire Rescue. We want to recognize and appreciate his efforts in securing donations for Big Brothers Big Sisters over the past two years through Port Moody Fire Charity.

Inspired by his own experience, Callum is now looking to give back by becoming an In-School Mentoring mentor next year, paying forward the guidance and support he's received. It's truly inspiring to see this full-circle moment—where a mentee is now stepping up to mentor and make a difference in someone else's life.

Thank you, Tyson, for making a huge difference.

Lia Budiman, Mentoring Coordinator



Mission
Mentor of the
Year
Community
Based
Mentoring
**Tyson
Fitzpatrick**



Raise Your Gaze!

Big Brothers Big Sisters of the Fraser Valley is seeking Ambassadors!

Helping us reach our Mission and Vision

As a mentoring organization for children and youth, our volunteers are at the heart of everything we do. Our programs are made possible through the passion, dedication and skills of our volunteers. They have a vast understanding of the organization's mission and vision. They are aware of our services and supports, and they effectively communicate and convey a positive image of what the organization offers to the community. They post on social media, network at events, post blogs, and seek donors.

Head and Heart Extends Our Reach & People Equals Power

Credible Volunteer Messengers

+

Compelling Stories

=

Resources/NEW STAKEHOLDERS

We invite you to come and join our team of volunteers!



Join one of our 3 new volunteer committees:

Professional Advisory Committee

PAC Members should have representation from a variety of disciplines (i.e.: helping professions and academics). Meetings to be held every 2nd month (6 per year). Professionals to be called upon based on their area of expertise.

Purpose:

- 1. To offer advice and guidance for the self-help model of the organization with the professional expertise in the area of mentoring, relationship development, mental health, education, IT, finance, social media, etc.
- 2. To help maintain the vision for the future of the organization.

Strategic Alignment Committee

Committee Membership should have representation from at least one Board Member and volunteers with background in diversity, with special emphasis on representation from represented target populations. Meetings to be held every 2nd month (6 per year). Strong focus on developing partnerships with local Chamber of Commerce, City Officials, School Boards and other essential community partners from a variety of sectors.

Purpose:

- 1. To develop and increase strategic community partnerships that further enhance and support our mission, vision, and mandate.
- 2. To increase visibility and impact as a leader in community of mentorship support.

Events Committee

Plays a supportive role in all or some of the following: marketing, ticket sales, event setup and ushering, finding and confirming and/or being a guest speaker, fund development, and activity or community table leadership, and recruitment activities. Please include on your application what you would like to support us with for future events. Meetings to be held monthly (12 meetings per year).

Purpose:

- 1. Deliver events that align with the mission, vision, values and themes in the strategic plan.
- 2. Actively promote the agency, events, and fundraise in the community.

More information available on our website: www.mentoringworks.ca



Join us!

2025 Fundraisers

GOLF FOR KIDS' SAKE 2025

Thursday June 19th, 2025

Ledgeview Golf Club

35997 McKee Rd, Abbotsford, BC V3G 2L6

MEGABike 2025

Wednesday September 23rd, 2025

Luckakuck Way

Chilliwack, BC

Autumn Sip & Social 2025

Thursday October 2nd, 2025

The Barn at White House Farms

Arnold Rd, Abbotsford, BC

EVENT SPONSORSHIP

Event sponsorship is an excellent way to boost your company's profile and engage your team. Whether supporting one event or several, we can tailor a plan to fit your budget, offering sponsorship levels with meaningful benefits and returns.

THIRD PARTY FUNDRAISING

Want to rally coworkers, friends, and family to raise funds? We're here to help you create a fun and easy event that works for you, whether it's a milestone celebration, casual dress days, or a staff BBQ —the possibilities are endless!

Visit us at www.mentoringworks.ca to learn more and to register for events.

