

VISION BOARD EVENT

Ring in the new year with some goal-planning and self affirming skills, our Abbotsford and Chilliwack Mentoring Coordinators held their very own vision board events!



Thank you to everyone who joined us, and for those who missed out: it's never too late to make your own vision boards at home! Wishing you all a motivating and inspirational 2025.



"F" IS FOR FRIENDSHIP!



We encourage you to join us in celebrating February as **Friendship Month!**

Let's view friendship as a form of love and support necessary for **positive development**. Our friends can be our best cheerleaders and role models!

Think about who your closest friends are. What does it mean to you to be a **good** friend?



"There is no possession more valuable than a good and faithful friend."
~Socrates

February 17th is Family Day!

There's a **FREE** concert on **February 26th** in Pitt Meadows for kids and families! Scan this **QR code** for more info.



Attention Hockey Fans: The Abbotsford Canucks are playing a home game this Family Day on Feb. 17th at 2:00PM! Click the logo for more info.

Need more ideas for the long weekend?
Click this picture for some Family Day activity inspiration!



WELCOME TO OUR NEW STAFF!

Chrissy Lapointe
(she/her)



In-School Mentoring Coordinator - Chilliwack

Hi everyone! I'm excited to connect with my community and get to know all the incredible kids, volunteers, and everyone involved with the In-School Mentoring program in Chilliwack.

I'm passionate about making meaningful connections and supporting growth in our youth. In my free time, you'll find me curled up with a good book or spending time with my cats.

Amber Dhillon
(she/her)



Program Administrative Coordinator - Abbotsford

Hello friends! I study Social Work at the University of the Fraser Valley with future goals of working in youth counselling and education.

I'm passionate about diversity and inclusion in all aspects, and I believe it's never too late to learn something new!

I love photography and animals and I enjoy baking, cooking, and all forms of arts and crafts.

Match Highlight ★★★★★

"I'd describe my relationship with Sydni as fun and energetic, while also balanced with chill and introspective! We're able to have a lot of fun during activities but also have moments where it's just one on one time where we're able to sit with each other's presence and listen to music! We've built lots of trust, connection, and love for each other through the stories we share and our similar interests, which has helped us to become even closer over time! 😊" - Nitheela, Big Sister



Nitheela & Sydni

Every February, people across Canada participate in Black History Month events that honour and commemorate the legacy of Black people in Canada. This year's theme is **Black Legacy and Leadership: Celebrating Canadian History and Uplifting Future Generations**.



click the image above for more resources

This theme acknowledges the diversity of Black Canadians, the importance of Black leadership and the legacy being built for future generations. Black Canadians have a rightful place in the nation's narrative and deserve acknowledgment and celebration.

It's our responsibility to be educated on both historical and present challenges in Black Canadian communities, and to encourage the continuous learning of existing systemic barriers and discrimination in order to break stereotypes.

We here at BBBSFV are committed to fostering inclusivity and continuing to amplify Black voices in our community.

CRAFTS CORNER

Need inspiration for fun things to do this month?
Check out the links below!

○ Paper Window Decorations! ✕



○ Popsicle Stick Bird Feeder! ✕



○ Make your own fidget toys! ✕



○ Bake some treats! ✕



*Parent/mentor supervision recommended.

Community Based Matches Deals 4 Bigs Announcement!

We are pleased to announce that **Meadows Family Farm** has joined our **Deals4Bigs** program, offering free admission to mentors and mentees!

Meadows Family Farm is an educational agricultural experience based in Maple Ridge with lots of fun things to do, including: a petting zoo, tractor train rides, a playground with a giant sandbox, and more!

[Check out their website for more info!](#)

