

Sunday, May 11th ~ Mother's Day

Help your Littles make heartfelt, handmade crafts that their moms will cherish forever!



Motherhood isn't just about biology—it's about love, care, and showing up. This Mother's Day, we honor all who mother with their hearts—by birth or by bond—for the love, guidance, and strength they've given. You are seen, valued, and celebrated.

Tuesday, May 13th ~ Art Therapy

This event is FULL

Contact us to be put on the waitlist!

Come Join Us for some fun Art Therapy

This **FREE** session will be led by an art therapist who will guide you to paint and decorate masks to reflect your inner and outer "super hero". A Take Home Resource Package will be provided.

More exciting details to come!

When: Tuesday, May 13th, 2025, 6:30 - 8 pm
Where: McMillan Elementary School (34830 Oakhill Drive)

 

May 24th ~ Community Event



JOIN US ON MAY 24TH FOR A Building Resiliency Community Event

Hosted by Big Brothers Big Sisters of the Fraser Valley and generously funded by the Red Cross, this initiative is designed to empower community members with practical tools to enhance mental health and build resilience. Open to both youth (ages 7 and up) and adults, this free event offers valuable support for individuals of all ages.

Therapy
Dogs

Indigenous
Wisdom for
Well-being

Mindful
Yoga
Practice

Express
Yourself: Art
as Self Care

Opportunity
to build
community

Take-
home kit
available

Free for
community
members

Lunch
will be
provided

SATURDAY, MAY 24TH

10:00am-3:00pm

Semá:th Elementary School
36321 Vye Rd, Abbotsford, BC

Sign Up Here:



Volunteer Appreciation Week Events

Thanks to everyone who attended our Volunteer Appreciation events this week!

Our volunteers are the heart of our organization. Your time, energy, and compassion make a real difference in the lives of so many of our young mentees.

Volunteering is more than just a generous act — it's the foundation of a strong and connected community.

To our incredible volunteers, whether you've served for years or just joined us recently, your impact is lasting and deeply appreciated!

From all of us — thank you for being the change-makers, the helpers, and the heart behind our mission.

Here are some pictures from the events we held this week to show our appreciation, featuring games of Music Bingo, prizes, food, and fun!



Highlights from Last Month



**Human Services Career Enrichment Program (HSCeP)
Graduation Recap from April**

A Message from Katarina Bell:

"Congratulations to all the amazing 2025 graduates of HSCeP! It has truly been a wonderful gift to get to know you all over the years. Your devout hard work, commitment, and fresh perspectives are always inspiring. Wishing you all the very best moving forward as you begin this new exciting chapter in your life! Also, a special shoutout to Sean Morden, an outstanding HSCeP mentor who is a recipient of the 2024 Volunteer of the Year Award! Thank you, Sean, for your dedicated involvement and intentional mentoring in the program!"



'Building Blocks of Resiliency' Series



BBBSFV is so grateful to have hosted the second event in our 4-part 'Building Blocks of Resiliency' series, generously funded by the Abbotsford Community Foundation. These events are FREE and open to mentors, children, and youth. Our event on April 15th, the 'Grief & Loss Learning Session', was a huge success!

Thank you to Jane from Mission Hospice Society for facilitating an intentional lantern-making activity, and for teaching us about the impact of loss – how it affects us and our families and grieving in healthy ways. Another huge thank you to Kirsten Hargreaves for bringing her therapy dogs who certainly brought smiles to many faces 😊. Lastly, thank you to the Mission Youth Centre for allowing us to use their space. Together, we are more resilient. ❤️

Highlights from Last Month

Smile Cookie Kick-Off Event

We kicked off the Spring 2025 Smile Cookie Campaign in the sweetest way at Tim Hortons Eagle Landing in Chilliwack on April 28th! Huge thanks to Lisa, Jessica, and Shawn from STAR 98.3 for joining us to decorate cookies, and to the Chilliwack Chiefs for helping us spread the word! Buy or pre-order your Smile Cookies now through May 4 at participating Tim Hortons in Chilliwack! 100% of proceeds support mentoring programs through Big Brothers Big Sisters across the Fraser Valley.



Carl's Jr. Grand Re-Opening



Carl's Jr. in Chilliwack is under new ownership!

We're grateful to have had the chance to spread the word of our mission and recruit mentors at their grand opening ceremony in April. Our lovely staff were joined by a few mentors who dropped by the restaurant and got a chance to speak on behalf of BBBSFV live on-air at 98.3 STAR FM!

Thank you Carl's Jr.!

